WOODLANDS ENDOSCOPY CENTER

(936) 321-8910

Your Colonoscopy has been scheduled for _____ at _____.
(date) (time)

Please arrive at the facility no later than_____.
(time)

Woodlands Endoscopy Center

111 Vision Park Blvd. Suite 160
The Woodlands, TX 77384
Preregister by calling 936.321.8910, ext 157

You will need to make arrangements with someone to drive you to and from your procedure. You will be unable to drive due to the medications you will be given.

COLONOSCOPY PREPARATION

(THE DAY BEFORE THE PROCEDURE)

Start your prep on_____
(day/date)

DO NOT eat food, drink milk, or red liquids on the day of the prep. DRINK CLEAR LIQUIDS ONLY. This includes juices, broth, bouillon, Gatorade, plain Jell-O, Popsicle's, soft drinks, black coffee, and tea.

1. At **12:00 p.m.** (noon) take two (2) Bisacodyl tablets with 16-24 oz clear liquids. Do not take within one (1) hour of taking an antacid. **DRINK 6-8 (8oz) GLASSES OF CLEAR LIQUID OF CHOICE BETWEEN 12:00 – 6:00PM**

2. At **12:30 p.m.** Add water to the line on the bottle of **HalfLytely,** add a broken **Simethecone** (Gas-X, Phazyme, Gas Relief) tablet. Mix **Half-Lytely** well and refrigerate.

3. After **6 Hours,** between 6 – 7 pm, begin drinking **HalfLytely** as instructed – 8 oz glass every 10-20 minutes until the bottle is empty.

4. You may continue to have clear liquids after completing the prep and **up until 6 hours prior to your procedure. Nothing by mouth 6 hours prior to procedure.**

BE SURE TO DRINK ALL OF THE SOLUTION.

NOTE: If you have severe discomfort or distention (bloating), stop drinking the solution for a while or wait longer between drinking each glass until the discomfort goes away. DO NOT take any other medications within 1 hour of staring to drink the solution.

Please See Other Side (Turn Over)