

WOODLANDS ENDOSCOPY CENTER

(936) 321-8910

Your Colonoscopy has been scheduled for _____ at _____.
(date) (time)

Please arrive at the facility no later than _____.

Woodlands Endoscopy Center
111 Vision Park Blvd. Suite 160
The Woodlands, TX 77384
Preregister by calling 936.321.8910, ext 157

You will need to make arrangements with someone to drive you to and from your procedure. You will be unable to drive due to the medications you will be given.

COLONOSCOPY PREPARATION (THE DAY BEFORE THE PROCEDURE)

Start your prep on _____
(day/date)

In the morning, mix the **Nulytely** or **Colyte** with one gallon of water and a broken **Simethicone** (Gas-X, Phazyme, Gas Relief) tablet. Refrigerate the solution.

You may eat a light breakfast but may have only clear liquids for lunch. This includes juices, broth, bouillon, Gatorade, plain jello, popsicles, soft drinks, black coffee and tea.

Avoid any red liquids and all milk products. If you are able to see through what you drink, it is a clear liquid. After you finish the prep, you may continue to have clear liquids up until six hours before the procedure.

Start drinking the **Nulytely** or **Colyte** solution between 4:00 and 7:00p.m. You are to drink one 8 oz. glass of solution every 15 minutes. **YOU WILL NEED TO DRINK THE ENTIRE GALLON OF SOLUTION.**

Take the two **Bisocodyl** (Dulcolax) tablets one hour after finishing the **Nulytely** or **Colyte**.

Use one **Fleet or Aqliq Enema (no mineral oil/ oil based enemas)** one hour before you go to the hospital.

Please See Other Side (Turn Over)