

WOODLANDS ENDOSCOPY CENTER

(936) 321-8910

Your EGD has been scheduled for _____ at _____.

Please arrive at Woodlands Endoscopy Center, Ltd., 111 Vision Park Blvd., Suite 160 no later than _____ on the above date. For questions please call (936) 321-8910 ext. 157.

Your pre-registration will be done by our office. You will receive a call from the endoscopy center to confirm an arrival time with you.

You will need to make arrangements with someone to drive you to and from the procedure. You will be unable to drive due to the medications you will be given.

You are to continue all of your **heart, blood pressure and lung medications** with a few sips of water at least 2 hours before your scheduled procedure. Make certain that the doctor is aware of any blood thinners (**Coumadin or Plavix**), diet medications, arthritis medications or insulin you are taking so we may adjust these appropriately.

If possible, the following medications **should be avoided** during the week prior to your EGD, as they may increase the risk of bleeding from the procedure.

- **Aspirin**, or aspirin containing products (Check the label of any over-the-counter pain or cold medications.)
- Non prescription **Ibuprofen** (*Motrin, Advil, Nuprin, Medipren, Aleve, etc.*)

➤ Although you cannot take Aspirin or Ibuprofen, **YOU MAY TAKE TYLENOL.**

- Prescription anti-inflammatory medications (*Anaprox, Ansaid, Butazolidin, Celebrex, Clinoril, Daypro, Dolobid, Feldene, Indocin, Meclomen, Motrin, Nalfon, Naprosyn, Orudis, Ponstel, Relafen, Tolectin, Voltarin, etc.*)

Do not eat solid foods after midnight before your procedure, then only clear liquids until 6 hours before the procedure.

It is important to us that all patients receive test results in a timely manner. We have an office protocol to ensure that your results are communicated promptly. BE SURE TO READ YOUR DISCHARGE ORDERS for further instructions from the doctor regarding follow up visits, biopsy results, medications, and additional testing information. If you have been instructed to call our office for a follow up appointment, please do so as soon as possible. Your test results will be mailed to you, please allow two weeks to receive any correspondence.